



1. Welcome to Brisbane Bushwalkers Club Inc

What to do at the meeting:

Say Hi to Membership Team

- they hang out in the kitchen at the back of the hall
- ask them any questions you like

Pick up 3 papers

1. This page - hey you already have it!
2. Introducing Brisbane Bushwalkers Club
3. Your First Walk

Browse through the displays

- members handbook
- old newsletters
- equipment catalogue

Sit down for the meeting

- it starts about 7:40pm
- there will be descriptions of walks
- there may be a guest speaker
- there may be club business

Have some supper

- a good chance to make some friends
- check out the library
- check out the equipment for hire
- check out the clipboards displaying walks
- and say hi to the membership team again

Make Sure You Understand

- There is a list of equipment that you must take on each walk. It is on page 3 of the magazine.
- The grading scheme is documented on page 3 of the magazine. Choose an appropriate grade for your first walk. Most new members start with grade 3.
- It is vitally important that you stay with the group while in the bush. Don't walk out of sight of the leader.
- We cannot be sure what time we will return home after a walk. In general, we don't make dinner plans.
- Read the members handbook, and ask other club members to clarify anything you are unsure about.

How to Join the Club:

Talk to Membership Team

- complete the application form
- talk to one of the membership team for an induction briefing
- get a membership team member to sign your application

Visit the Treasurer

- your paperwork should be complete before you go to the treasurer
- pay your fee, hand over your paperwork
- collect your membership card
- collect your copy of the members handbook
- collect your copy of the magazine
- collect your discount voucher

Nominate for MinIMaxS and Equipment Show

- a MinIMaxS walk is an introduction walk where you learn about bushwalking, safety, minimal impact and the procedures and culture
- of the club. And make some friends.
- choose a walk that suits your diary from the mango clip boards in the kitchen
- add your name and contact details to the list
- if the leader is here tonight, introduce yourself
- the equipment show is a night at a bushwalking shop in the city. We explain and examine lots of gear and purchase at a discount.
- look for the details on the watermelon coloured clip board
- if the date suits your diary, add your name to the list
- you can nominate for MinIMaxS and Equipment Show (and other walks) at home at a later time

Web Site Access

- visit the web administrator at the meeting to get your website access sorted out
- if that doesn't work, apply for website access at <http://bbw.org.au/memberslt/pegister.php>
- approved in a few days
- then go online for walk descriptions and nomination

Improve this Checklist

- send your suggestions to Picnic Pete



2. Introducing Brisbane Bushwalkers Club Inc

Club Activities

- wide variety of walks
- grading scheme on page 3 of magazine
- start with grade 3C track walk
- a little cycling and kayaking - not too serious
- a little photography and bird watching - not too serious
- training, especially navigation
- some social events - dinner, movies, etc
- abseiling, but no rock climbing
- family activities
- base camping
- through walks

Typical Day Walk

- meet 6:45am for 7am departure
- share cars for drive to start point
- walk to lookout or waterfall
- carry your morning tea, lunch and everything else you need
- no toilets - find a bush or dig a hole
- possibly get hot and sweaty, maybe smelly
- possibly get tired/sore muscles, maybe some blisters or minor scratches
- change into fresh clothes and shoes when we get back to the cars
- visit a coffee shop on the way home
- return time is uncertain, so don't make dinner bookings

If you want to join the club

- talk to membership team at the meeting
- complete membership application
- sign disclaimer
- pay fee to treasurer, \$25 for 6 months (\$40 for couple)
- collect membership card
- collect members handbook
- collect recent newsletter
- collect discount voucher
- nominate for your first walk
- renew membership after 6 months

Probationary Member Benefits

- you may attend all club activities
- club magazine mailed each month (not Christmas)
- library has magazines and books for loan \$0.50 per fortnight
- equipment officer has gear for hire, listed on page 2 of magazine
- discounts at bush walking shops
- personal accident insurance on club activities (limited cover)
- access to members area of www.bbw.org.au with full trip details

Upgrade to Full membership

- you must attend 3 walks (no time limit)
- you must attend a special new members event
- submit application form to membership officer
- \$40 per year, or \$60 per year for couples

Full Membership Benefits

- half of your first aid course fees will be reimbursed
- you may serve on the committee
- you may vote for committee members and other club business
- you may lead walks

More Information

- members handbook
- come to meetings
- go on walks
- www.bbw.org.au - members area



3. Your First Walk with Brisbane Bushwalkers Club Inc

Select a walk

- read the details in the magazine
- choose a grade 3C or easier for your first walk
- nominate for the walk using the method prescribed by the leader (eg clipboard, phone, email, or website)
- whichever way you nominate, provide your name, suburb, and phone number
- check if the walk is full - maybe you are on reserve, waiting for a cancellation
- introduce yourself if the leader is at the meeting
- enter the walk in your diary so you don't forget

Write Down

walk destination:

walk date:

leader's name:

leader's phone:

meeting place:

meeting time:

On the day

- remember to come
- if you can't come, phone the leader to cancel
- have all the equipment
- be a little early
- make a new friend
- tell the leader it is your first walk with the club
- ask the leader to explain the cautions below
- thank the leader and driver

Beware of

- rough ground, rocks, roots, twisted ankles, tripping, stubbed toes.
- slippery ground, loose soil, loose gravel
- stinging tree
- stinging nettle
- wait-a-while vine
- leeches, ticks
- don't leave the group
- don't walk ahead
- don't walk behind
- tell someone when you need to use a bush

Improve this Checklist

- send your suggestions to Picnic Pete

Always Take These Items

- thermals
- fleecy jacket
- raincoat
- first aid kit
- hat and sunscreen
- water (at least 2 or 3 litres)
- lunch and snacks
- spare food
- torch
- whistle
- pencil & paper
- change of clothes and shoes for driving home
- money for car pooling, coffee
- membership card

Some Details

If you put your name on the clipboard when the walk is already full, then you are a reserve - hoping that someone else will cancel. Phone the leader a few days before the walk to see if you are lucky.

If you have to cancel from a walk that you have nominated for, phone the leader immediately. (Then maybe someone else will go in your place.) It is very rude to simply not show up on the day.

Suitable footwear does not mean new boots - which may cause blisters. Your comfortable joggers will be good for a grade 3C walk.

Raincoat does not have to be fancy. Its main purpose is to keep the wind off you. (If it rains, you will probably get wet no matter how good your rain coat is.) Don't bring an umbrella.

Carry at least 2 litres of water in winter, and at least 3 litres in summer. More for a long walk. A great way to carry water is to use a 2 litre plastic soft drink bottle. And another 2 litre plastic soft drink bottle.

You will need lots of food. Bush walking burns many more calories than office work. Always take spare food just in case you get hungry or come home later than expected.

Warm clothes are not made of cotton, denim or flannelette. They should provide warmth even when they are wet, and they are made of wool or polypropylene, or an appropriate synthetic fibre. Carry warm clothes even on a hot summer day.

We recommend that you start with an easy grade walk. This will allow you to get familiar with the club's culture and procedures. If you are fit and experienced you will be able to progress quickly to your desired level.



Brisbane Bushwalkers Club Inc — Membership Application

Personal Information

This information is retained by the club secretary for the purposes of club business. It is not generally made available. (By law, the club is required to maintain a register of residential addresses, and make this available in some circumstances.) The mailing address you provide here will be used to send your magazine, and any other club correspondence. The phone numbers will be used in emergencies.

Title (Mr,Mrs,Ms,etc)

Given Names

Family Name

Preferred Given Name

Residential Address (not PO Box)

Postcode:

Mailing Address

Postcode:

Home Phone

Work Phone

Mobile Phone

Email Address

Have you been a member before? If so, when?

No

Yes—Probationary

Yes—Ordinary

I wish to apply for probationary membership of Brisbane Bushwalkers Club Inc. The membership fee is attached herewith. I agree to adopt the objectives of the Club namely:

- (a) To encourage, foster and maintain bushwalking and associated pastimes as activities for recreation; and
- (b) To establish regard for the welfare, preservation and conservation of the natural environment; and
- (c) To promote social interaction for members; and
- (d) To acquire resources relative to bushwalking

I agree to observe the Rules and By-laws laid down for members, including the privacy policy and bushwalker's code.

I declare that I am 18 years of age or older.

I understand that the club has public liability insurance of AU\$20,000,000.

I acknowledge that when I am participating in any activity of the Brisbane Bushwalkers Club Inc I am doing so as a volunteer in all aspects and as such I accept all responsibility for loss of property or bodily injury to me, however it may occur.

I acknowledge that my participation in this activity may expose me to hazards and risks that could lead to injury, illness or death or to loss of or damage to my property. In particular when participating in abseiling or above the snowline activities I am aware that I may be exposed to additional hazards and risks.

I will make all reasonable effort to avoid or minimise these risks by; only participating in activities within my capabilities, carrying food, water and equipment appropriate for the activity, and advising the leader if I am taking any medication or have any physical or other limitation that might affect my participation in the activity.

I acknowledge that the payment of my membership fee will be deemed as full acceptance and understanding of the above.

Induction

Sign and date the form. Then get the membership officer (or delegate) to sign it. Then take it to the treasurer with your fee.

Member Signature

Date

Membership Officer Signature

OFFICE USE ONLY

Expiry Date

Receipt Number

Card Issued

Data Entry